

PROGRAMME
3rd International Scientific and Training Conference
EMOTION REGULATION – A VEHICLE OF CHANGE IN PSYCHOTHERAPY
13th-15th of April 2018 Warsaw/PGE Narodowy/ Rzym Hall

13.04 PIĄTEK

- 12.00 Opening
- 12.15 - 13.15 Panel discussion: „**The place of emotion regulation in your psychotherapeutic practice**” - Karen Maroda, Mary Target, Jon Frederickson, Jeffrey D. Roth, Cezary Żechowski
- 13.15 - 14.00 „**Dynamics of emotional systems in Jaak Panksepp’s Theory and it’s relation to psychiatry, psychotherapy and psychoanalysis**” – Cezary Żechowski
- 14.00 - 14.30 coffee brake
- 14.30 - 16.30 „**More than enactment: Therapeutic Action and the Therapist's Use of Emotion**” – Karen Maroda
- 16.30 - 18.00 „**Emotion regulation – case study**” – debate based on clinical case
- 18.00 - 18.30 coffee break / przerwa kawowa
- 18.30 - 19.15 „**Step by step. The specifics of emotion regulation disorders in various forms of psychopathology**” - Magdalena Nowicka, Magdalena Marszał-Wiśniewska
- Glass of wine

14.04 SOBOTA

- 9.30-11.15 „**Regulation of anger in psychodynamic psychotherapy of people with a substance use problem**” - Bożena Maciek-Haściło
- „**Experiential psychotherapy in addiction treatment**” – Ireneusz Kaczmarczyk
- 11.15-11.45 coffee break
- 11.45-13.45 „**Integrating psychoanalytic psychotherapy and mutual support groups for recovery from addiction**” – Jeffrey D. Roth
- 13.45-14.45 lunch
- 14.45-17.45 „**Emotion dysregulation: the man who had failed in 14 therapies**” – Jon Fredericson
- Glass of wine

15.04 NIEDZIELA

- 9.30-11.30 „**Mentalization within intensive analysis with a borderline patient**” – Mary Target
- 11.30-12.00 coffee break
- 12.00-13.30 Panel and plenary discussion